



Free Counseling Services

Free counseling for City of Rockville children, youth, and families

- Early intervention and prevention counseling is available to school-age children based on a short-term, 12-session model.
- Individual and family counseling is offered to City residents without health insurance or those unable to access counseling on their own, subject to an eligibility screening.
- Groups are provided in the following areas, subject to demand: anger management, social skills, transition to middle school, transition to high school, and more.
- Sessions take place by appointment at the Community Services Division office or in schools. Parental/guardian participation is strongly encouraged.
- Counseling is provided by a licensed professional counselor, or masters-level clinical interns under the supervision of a professional counselor.

For more information or to determine eligibility or for referral services, please contact the Community Services Division at 240-314-8310.

The City of Rockville is a certified Youth Services Bureau.



City of
Rockville
Get Into It

www.rockvillemd.gov/communityservices/youth

111 Maryland Avenue, 1st Floor • Rockville, MD 20850 • 240-314-8310